



Systemic Risks Connected to Oral Bacteria

Oral bacteria from gum disease can enter the bloodstream and **impact overall health**, making regular **saliva based testing** vital for **early detection and prevention**.

- Alzheimer's Disease
- Stroke
- Cancer
- Rheumatoid Arthritis
- High Blood Pressure
- Adverse Pregnancy Outcomes
- Heart Disease/Attack
- Diabetes
- Kidney Disease
- Fatty Liver Disease
- Multiple Sclerosis
- Inflammatory Bowel Disease



Molecular Testing By
Alimetrix CLIA #01d2113023

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THE KEY TO
BETTER HEALTH IS
**RIGHT UNDER
YOUR NOSE®**





90%

of adults
EXPERIENCE SOME FORM OF GUM DISEASE OVER THEIR LIFETIME, OFTEN WITHOUT KNOWING IT

Harmful bacteria can enter the bloodstream contributing to serious systemic complications such as; heart disease, stroke & adverse pregnancy outcomes.

70%

MORE LIKELY TO DEVELOP ALZHEIMER'S

if suffering more than 10 years from gum disease

50%

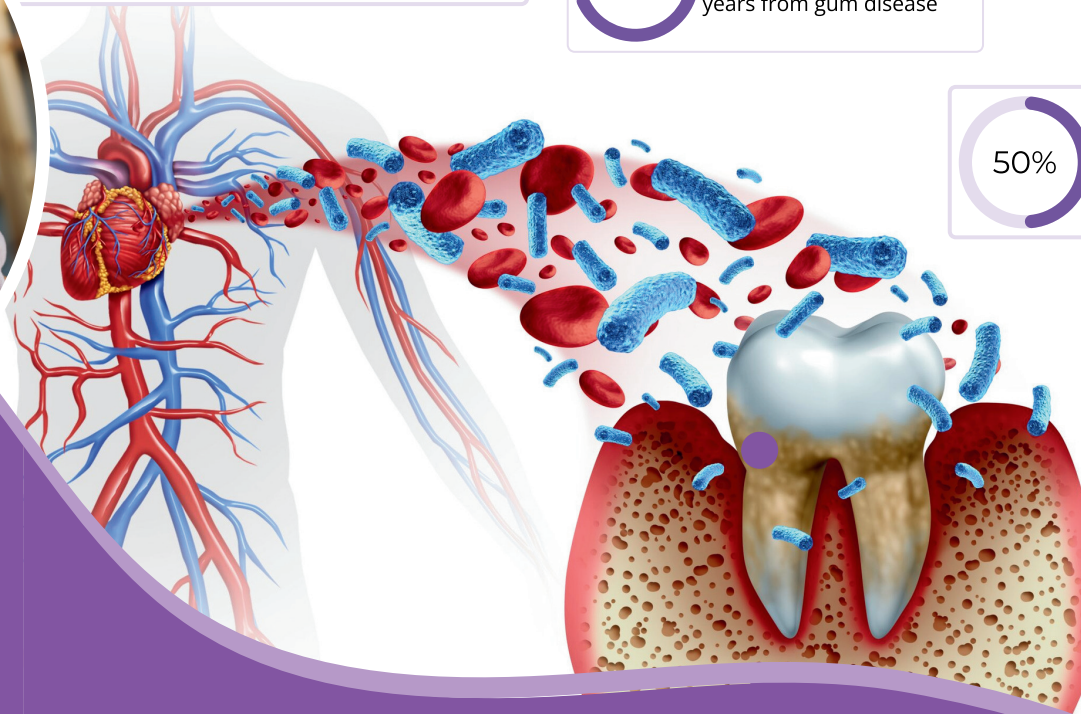
GREATER RISK OF CANCER
with gum disease

95%

OF THOSE WITH DIABETES
also have gum disease lowering glycemic control

50%

up to 50% of **HEART ATTACKS & STROKES ARE** triggered by oral bacteria



SIMPLE SALIVA TESTING **POWERFUL** **RESULTS**

PERIO saliva testing uses quick, noninvasive saliva analysis to give you and your dentist a clear, **data-backed view** of the bacteria activity in your mouth; providing a real opportunity to stop, and even **reverse disease progression**.

GUM **DISEASE**

Gum disease isn't always easy to see.

In fact, harmful oral bacteria linked to systemic health issues aren't easily detected in the vast majority of patients using only a visual exam.

Often without symptoms, gum disease is frequently missed and left untreated. Untreated disease has been associated with serious health issues throughout the body.

STEP 1. ASK

Protect your oral health, talk to your dentist about a SimplyTest today.

STEP 2. SWISH

Pour rinse into mouth. Swish around your mouth for at least 15 seconds.

STEP 3. SPIT

Spit saline solution with saliva into collection tube using the funnel.

STEP 4. SMILE

Review results with your dental team and take action for better oral and overall health.