



SIMPLY TEST

ORAL HEALTH

Most people won't recognize
they have a form of Gum Disease. | simplytest.com

Ask your dentist &



Understanding Your Potential

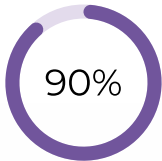
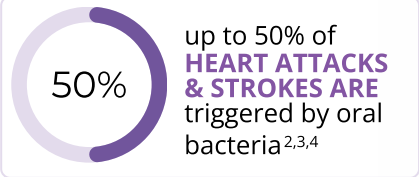
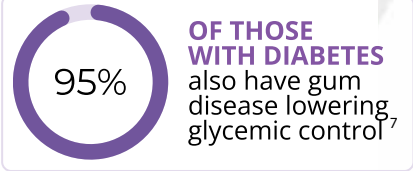
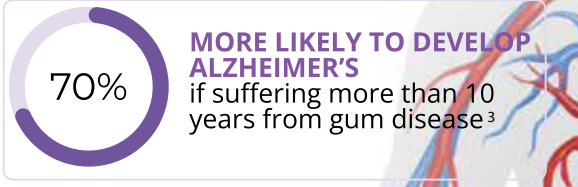
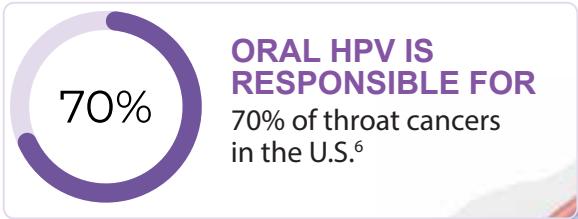


Health Risks

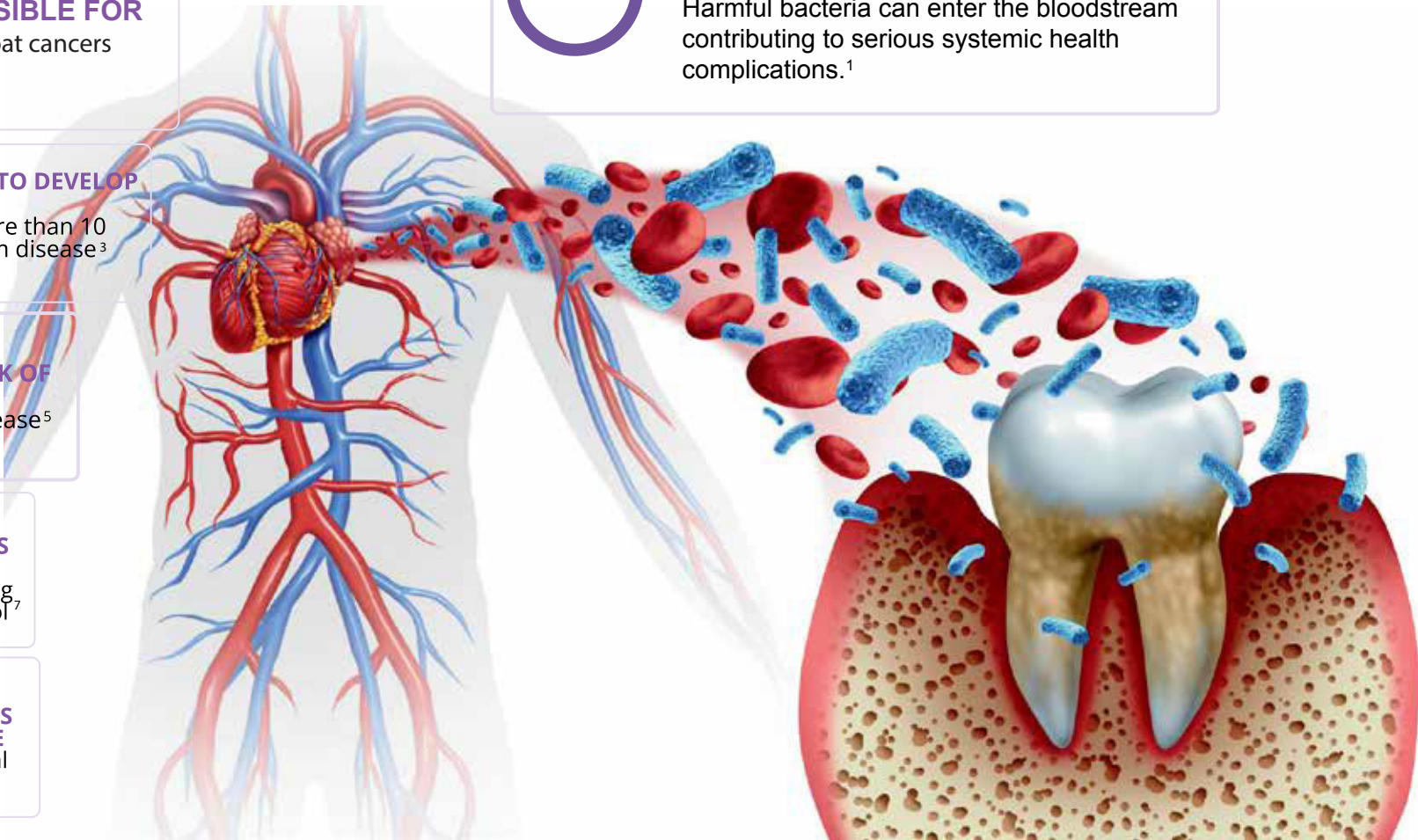
offers the opportunities to **STOP** and even **REVERSE** systemic disease progression.

DISEASE RISKS CONNECTED TO ORAL PATHOGENS

- Alzheimer's Disease (Aa, Pg, Tf, Td, Fn, Pi, V)
- Heart Disease/Attack (Aa, Pg, Tf, Td, Fn, Fa, Pi, Cr, Ec, Sm, Ca, V)
- Stroke (Aa, Pg, Tf, Td, Fn, Fa, Pi, Cr, Sm, Ca)
- Diabetes (Aa, Pg, Tf, Td, Fa, Sm, Ca)
- Cancer (Aa, Pg, Tf, Fn, Fa, V)
- Kidney Disease (Pg, Tf, Td)
- Rheumatoid Arthritis (Aa, Pg)
- Adverse Pregnancy Outcomes (Aa, Pg, Tf, Td, Fn, Fa, Pi, Ec, Sm)
- High Blood Pressure (Aa, Pg, Tf, Td, Fn, Ec)
- Liver Disease (Aa, Pg, Tf, Td, Fn, V)
- Multiple Sclerosis (Pg)
- Women's Health (Fa, Ec)
- Gut Health (Pg, Fa, Fn, V)



of the population **HAVE A FORM OF GUM DISEASE**
Harmful bacteria can enter the bloodstream contributing to serious systemic health complications.¹



Source Infographic: The American Academy for Oral Systemic Health (AAOSHI)

[1] <https://www.ncbi.nlm.nih.gov/books/NBK554590/>

[2] Pessi T, Karhunen V, Karjalainen PP, et al. Bacterial signatures in thrombus aspirates of patients with myocardial infarction. Circulation. 2013;127(11):1219-1228. doi:10.1161/CIRCULATIONAHA.112.001254

[3] Freire MO, Van Dyke TE. The mechanisms behind oral-systemic interactions. In: Glick M, ed. The Oral-Systemic Health Connection: A Guide to Patient Care. Chicago, IL: Quintessence; 2014: Chapter 5, 103-119.

[4] Leishman SJ, DoHL, Ford PJ. Cardiovascular disease and the role of oral bacteria. J Oral Microbiol. 2010;2. doi:10.3402/jom.v2i0.5781.

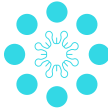
[5] Karpinski T. M. (2019). Role of Oral Microbiota in Cancer Development. Microorganisms, 7(1), 20. <https://doi.org/10.3390/microorganisms7010020>

[6] Centers for Disease Control and Prevention. HPV-Associated Oropharyngeal Cancer. CDC. <https://www.cdc.gov/cancer/hpv/oropharyngeal-cancer.html> Updated September 17, 2024.

[7] <https://www.frontiersin.org/journals/endocrinology/articles/10.3389/fendo.2023.1192625/full>

[8] Chen, C.K., Wu, Y.T., Chang, Y.C., et al. (2017). Association between chronic periodontitis and the risk of Alzheimer's disease: a retrospective, population-based, matched-cohort study. Alzheimer's Research & Therapy, 9(1), 56.

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