



WHAT IS ORAL HPV?

Oral human papillomavirus (HPV) is a common virus that can affect the mouth and throat. Most people get HPV at some point in their lives, often without even knowing it. In many cases, the body clears the virus on its own.

However, some types of HPV can stay in the body longer and may increase the risk of developing certain types of cancer, including oropharyngeal cancer (a cancer in the back of the throat, base of the tongue, or tonsils).

Molecular Testing By
Alimetric CLIA #01d2113023

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ORAL HPV EASY SALIVA TESTING



Why **Does it matter?**

High-risk types of oral HPV, especially one called HPV-16, are now the leading cause of oropharyngeal cancer. These cancers are increasing, especially in men over the age of 40. Many people who get oral HPV never have symptoms, **which is why regular screening is so important for early detection.**

Finding HPV early doesn't mean you have cancer. It gives you and your dentist or doctor a chance to monitor your health and take action if needed.

How Do You **Get Oral HPV?**

Oral HPV is spread through intimate contact, including oral sex or deep kissing. People of any gender or sexual orientation can get it. Smoking, having multiple intimate partners, or having a weakened immune system can also increase your risk.

What is the **SimplyTest® Saliva Test?**

- 1 SimplyTest® is a simple, non-invasive test that uses a saliva sample to check for high-risk types of oral HPV.
- 2 A quick, accurate, and painless way to test for the virus, whether in a medical office, dental office, or from home.
- 3 Your medical or dental provider collects a small sample of your saliva during your visit. That sample is sent to a lab where it's tested for signs of high-risk HPV. If the test comes back positive, your provider will talk with you about what that means and whether follow-up is needed.

What happens if **You test positive?**

A positive test means that high-risk HPV was found in your saliva. It doesn't mean you have cancer. Most of the time, the body clears the virus naturally. Your provider may recommend follow-up testing every 6 to 12 months to monitor your health. If the virus stays in your body over time, further evaluation or referral may be suggested.



**Ask Your Medical Provider
About SimplyTest® Today!**

Take **CHARGE** OF YOUR **HEALTH**

Oral HPV can be silent, but early detection puts the power in your hands. SimplyTest® makes it easy to get the information you need with one simple saliva sample.

Talk to your medical provider today, about oral HPV screening with SimplyTest®.

